



Sri Aurobindo Society

SAFIC

SRI AUROBINDO FOUNDATION
FOR INDIAN CULTURE

स्पन्दन

feeling the pulsation of a divine language

Spandana

Feeling the Pulsation of a Divine Language

One Week Intensive Course on Sanskrit

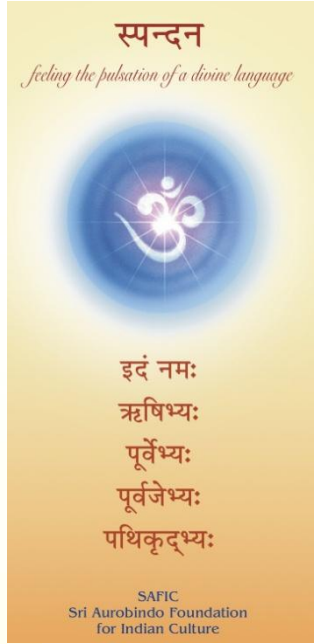
Dates: June 9th to 15th 2012

Venue: Ramakrishna Mission, Khar, Mumbai

Timings: 9.30 am to 5.30pm

Last date for Registration: 30th May 2012

Course Facilitator: Dr. Sampadananda Mishra



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Introduction

Learning a language is always fascinating. And even more fascinating is learning Sanskrit. Sanskrit, as many conscious learners have experienced, generates joy, clarity, purity and peace. It is indeed a perfect harmonizer that harmonizes the body, mind and soul. It leads to true happiness and fills the heart and mind with a perfect sense of immortality. Its purity draws us, inspires us, and constantly reminds us of the true aim of our life, makes us conscious of the Truth that exists within us. The rhythmic beauty and melody of this language, vibrational purity of its sounds, richness of its phonetic quality, transparency of its root-sounds and their senses, richness of its vocabularies and thought contents, all these have made Sanskrit truly great.

The *Rishis* of ancient time used Sanskrit as a tool for discovering the true nature of themselves and all that they saw in and around them. Herein lies the sacredness of Sanskrit - it helps to discover the sacredness of life. It has tremendous potentiality to make us realize the divinity within us. It is in this sense that Sanskrit is *devabhāṣā*, a divine language, language of Gods.

The most practical value of learning Sanskrit lies in the fact that it trains the mind to think logically, brings clarity of expression, develops intellectual strength, provides keen insight into the meanings of the words. The vibrational quality of Sanskrit has a direct impact on the functioning of the brain, and can help in enhancing memory and the ability to concentrate. Moreover, it helps in the growth of consciousness, has immense power in bringing a greater transformation.

Keeping the above ideal in mind, we are conducting a weeklong intensive course in Sanskrit in which one gets an opportunity to learn this beautiful language in a most natural way through songs, chanting, conversation, activities, games and presentations.

Please note: The detailed, final schedule will be sent to registered participants, a week before the course. The following list, however, gives an idea about the feel and import of the course. Suggestions are welcome from prospective participants, and we will appreciate any enriching inputs that can be incorporated into the course before sending the final schedule. For any queries or suggestions, please write to the [Course Facilitator](#) .

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Course Details

The aim of this weeklong intensive course is to introduce Sanskrit to those who are genuinely interested learning this language, both in its spoken and written forms. The objective is to bring the participants in contact with many beautiful aspects of this language in a most effective manner. Here one can learn not only how to communicate through simple Sanskrit, but also its phonetic system, the basics of its grammar, the chandas, stories and dialogues, chanting and singing in this most beautiful language. The course is open to all age groups and will have the following sessions:

1. **Spoken Sanskrit:** daily two sessions of one and half hours each for six days.

Here, while learning conversational Sanskrit in the most direct and natural ways, one experiences the beauty and charm of Sanskrit through songs, humours, dialogues, games and many other entertaining modes.

2. **Wonders of Sanskrit Alphabet:** two sessions of one and half hours each.

Here one learns the systematic and scientific nature of the phonetic system of Sanskrit language. It also tries to give an experience of Pranayama through the sounds of Sanskrit.

3. **Chanting and singing of Sanskrit mantras, shlokas and songs:** daily one session of one hour for six days.

Here one learns the principles of right and effective way of chanting, reciting and reading Sanskrit Mantras, Shlokas and various other texts. Rules are explained and later illustrated by examples.

4. **Storytelling, Games, Nursery Rhymes and dialogues:** three sessions of one and half hours each.

Here, through stories, games, nursery rhymes and dialogues, one learns about the various modes of expressions in Sanskrit and learns the language in a simple and entertaining way.

5. **Introduction to the basics of Sanskrit grammar:** three sessions of one and half hours each.

This aims at introducing practical Sanskrit grammar in an interesting and fascinating manner by providing sufficient examples from the grammatical records of Sanskrit. It also tries to explain various elements of grammar in relation to deeper philosophy.



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6. **Introduction to Sanskrit Chandas or metre:** two sessions of one and half hours each.

The aim here is to make the participants familiar with the principles of Sanskrit Chandas. Here one also learns various aspects of Sanskrit Chandas and their deeper values. It explains the applicability of the Chandas by linking the study of Metrics with healing, with Pranayama, with Nature, with Music, with Mathematics, with the philosophy of creation etc.

In addition to the above sessions there will be one or two multimedia presentations on Sanskrit, *Ashtavadhanam* or Eight-fold concentration and *Bhagavadgita*; a few other sessions in which the participants will have fun playing a few games in Sanskrit.

REGISTRATION

Last Date for Registration: 30th May, 2012

CONTRIBUTION

We would like each participant to contribute a minimum amount of Rs.5000/- (Rupees Five Thousand) to meet the expenses for the course materials, refreshment at the venue, and other organizational expenses. If someone finds it difficult to make this contribution can write to us, and we will try to find a way to help him/her.

REGISTER EARLY! LIMITED SEATS!

The number of participants is limited to thirty (30).

HOW TO REGISTER

Please **download the registration** form, fill it, include your contribution details and mail it to sampadanandamishra@gmail.com, marking a copy to mamtapandya80@gmail.com. Register as early as possible to reserve your seat. Your contribution will be collected at the registration desk on 9th of June.

All those who have already registered need not send their forms again.

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इदं गीतं.

ऋषिभ्यः

पूर्वेभ्यः

पूर्वजेभ्यः

पथिकृद्भ्यः

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